

## *Information on our services*

**2023**

Our 2022 prices will be held for 2023. Whilst our costs have increased due to insurance, salaries, postage, supplies, fuel etc., we are not passing this on to our clients.

What we have done is include more things in our packages than ever before to give you the best possible value for money.

If you don't see exactly what you want, please email us and we can make a tailor-made package to suit your needs.

You can decline any element of your package. It is totally your choice. However, there is no price reduction.

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# INTRODUCTION

At Private Midwives, we are fully committed to providing excellent, safe midwifery care. We understand that pregnancy can be a time of mixed emotions. For some people there is overwhelming excitement. For others, there is anxiety and perhaps fear. All our care is tailored around your unique circumstances and needs. We want to work with you to ensure you have a positive experience during pregnancy, birth and after baby arrives.

Our midwives are all employed by Private Midwives and are fully committed to providing individualized, personal care. Our midwives trained with the NHS/HSE but have now chosen to work in a different way so that they can get to know their clients, build a relationship with them, and spend more time with them - providing high quality care.

As an organisation, we work in collaboration with other services as needed. This may mean working together with the NHS to ensure you get the right care you need. In some cases, it may mean working with other agencies. At all times, we will discuss this with you and involve you.

We are regulated by the Care Quality Commission who undertake planned and unannounced inspections, reviews, and assessments. Their report into our services is highly complementary and is available on our website for you to read if you wish to do so.

Our outcome data is also on our website. We specialize in homebirth services as well as all other aspects of midwifery care. Our intervention / medicalization rates are low and our safety data is outstanding. In addition, 99% of our clients highly recommend us. You are welcome to read client feedback on our website or our various social media pages.

Our website has a wealth of information. You will find lots about packages of care, prices, and a whole resource library in the parent's section with booklets and videos for you to browse through. You will also find our refund policy and Covid strategy there. We want to be as open and transparent as possible, so you can make an informed decision and plan the care that is right for you.

If you have a medical condition, or had a previous complex pregnancy, please tell us so we can advise you on the best package of care for you. In some cases, a tailor-made package is what you need and we are happy to do this.

This booklet goes through several options for you to choose from. If you don't see exactly what you need, please come back to us and we will look at an individualized package just for you. You can add more care to any of the packages listed here.

Prices are given in pounds sterling for UK clients, and Euros for our Irish clients.

## **BRONZE**

**£4400 / €5300**

### **YOU WILL BE OFFERED:**

Antenatal care from 34 weeks

Private Blood test.

- Blood test at 34 weeks (full blood count)

Birth planning and parent education

Colostrum harvesting

Midwife on call 24/7 from 37 weeks

Birth care at home or hospital

1 week postnatal care

Baby paediatric NIPE examination (UK only)

Baby NBBS blood test

Interest free credit from booking until the month baby is due

This is our smallest package for homebirth clients. However, if your pregnancy is complex or you are planning a HBAC/VBAC at home, this package is too small for you.

## **SILVER**

**£5500 / €6600**

### **YOU WILL BE OFFERED:**

Antenatal care from 24 weeks

Private Blood tests.

- Blood test at 28 weeks (FBC & antibodies)
- Blood test at 34 weeks (FBC)

Birth planning and parent education

Colostrum harvesting

Midwife on call 24/7 from 37 weeks

Birth care at home or hospital

2 weeks postnatal care

Baby paediatric NIPE examination (UK only)

Baby NBBS blood test

Interest free credit from booking until the month baby is due

## **GOLD**

**£6600 / €7900**

### **YOU WILL BE OFFERED:**

Antenatal care from early pregnancy

Private Blood tests.

- Blood test at 28 weeks (FBC and antibodies)
- Glucose tolerance blood test
- Blood test at 34 weeks (FBC)

Birth planning and parent education

Colostrum harvesting

Midwife on call 24/7 from 37 weeks

Birth care at home or hospital

Gas & Air

4 weeks postnatal care

Baby paediatric NIPE examination (UK only)

Baby NBBS blood test

Baby welcome hamper

10 months interest free credit

## **PLATINUM**

**£7750 / €9250**

### **YOU WILL BE OFFERED:**

Antenatal care from early pregnancy

Private Blood tests.

- Early pregnancy bloods (HIV, hepatitis, FBC, group, antibodies, syphilis, thalassaemia, sickle cell, RhD test)
- NIPT blood test (Harmony or SAFE test)
- Blood test at 28 weeks (full blood count and antibodies)
- Glucose tolerance blood test
- Blood test at 34 weeks (full blood count)

Private scans:

- early pregnancy
- 20 weeks and
- third trimester

Birth planning and parent education

Colostrum harvesting & collection [kit](#)

TENS machine

Gas & Air

Birth pool and essentials kit

Midwife on call 24/7 from 37 weeks

Birth care at home or hospital

4 weeks postnatal care

Baby paediatric NIPE examination (UK only)

Baby NBBS blood test

Baby welcome hamper

12 months interest free credit

For Bronze and Silver packages, you must access care before the package starts from the NHS/ HSE or other health professional.

## Optional Extras

**NIPT TEST** £300 / €370 for the blood test. This can be added to any package of care.  
NIPT Test as a stand alone appointment £450 / €540

**RhD test** £75 / €85 for the blood test. This can be added to any package of care.  
RhD blood test as a stand alone appointment £225 / €270

**Pool and essentials kit** (liner, pumps etc.), delivered to your door. The pools are brand new. After use, the UK pools are collected from you and recycled. The ROI pools are yours to keep. £160 / €250

**Entonox** - delivered. £150 / €150. Gas is delivered to your door and collected after birth. For further information, please visit our resource library. Additional Entonox cylinder £50

**TENS machine**, £50 / €60 includes courier delivery

**Single appointment** £175 / €200.

- Appointments can be for antenatal check.
- Postnatal check
- Fit-to-fly letter.
- Mat B1 certificate
- Cervical assessment/sweep
- Feeding advice and support

**Intensive breast feeding upgrade** £500/€600

This package of care is an “add on” to our postnatal care. Instead of 3-4 visits in the first week of care, as with our normal postnatal package, you have visits for 7 consecutive days. At each appointment your midwife will assist you to breast feed. She will stay for a full feed. Typically, the appointments are two hours or more. In between appointments your midwife is available for support and advice.

**Booking bloods** £490 – the initial screening bloods for HIV, Hepatitis, syphilis, thalassemia, sickle cell, group, antibodies and full blood count can be added to any package. They are included in the Platinum package. Adding them to the Gold package costs £490. If adding to the silver or bronze package you will need to also purchase a single antenatal appointment.

**Private Scans (X3)** £350

**Glucose Tolerance Test (GTT)**

This is included in the Gold and Platinum packages. You can add it to the silver package for £150

## The Bronze Package

The bronze package is designed for:

- Low risk, straightforward clients who want a home birth, or
- Any clients who seek extra support who is planning a hospital birth.

### Before care commences

Care commences at week 34 of pregnancy so you need to have accessed care from another health care professional before this point.

### Plan of care

Please visit our resource library for more details about plans of care and lots of other information to help you make decisions.

### Antenatal care

Antenatal appointments will be at week 34, 36 then weekly until baby arrives. At each appointment your midwife will offer to complete a physical check of mum and baby, measure baby, listen to the heartbeat, take your blood pressure, and test your urine. She will also talk through options, choices, and birth planning. Your appointments include parent education and if you wish, colostrum harvesting. Each appointment lasts 1-2hrs. If you book after 34 weeks, your first appointment may be a double appointment lasting up to 4hrs.

- You will be offered a blood test at week 34 or 36 to check your platelet count and to see if you are anaemic at all.

### Birth care

Your midwife is on call 24/7 from 37 weeks of pregnancy and she will support you to birth in hospital or care for you at home. If you are planning a home birth, your midwife will give you our "Planning your home birth" booklet so you can start to think about the logistics and practicalities to optimize your birth experience.

### After baby is born

The Bronze package includes one week of postnatal care. Typically, this is 3-4 visits at home. During this time your midwife will ensure feeding is established, you and baby are well, arrangements are made for the NIPE (new-born paediatric exam) and the NBBS (New-born blood spot) test. She will also make sure you have an appointment for a new-born hearing test. You can add additional postnatal care at any time.

### Hearing Test

The hearing test is completed by an audiologist so your midwife cannot do this at home. However, your midwife will ensure you have an appointment for the test.

### NIPE

Many of our midwives are trained to complete the NIPE paediatric examination. This is an additional qualification. If your midwife is not trained, she will ask a colleague to visit and complete that part of your care. If for unexpected reasons a Private Midwife cannot complete the NIPE, we will arrange for the NHS/HSE to complete this for you\*.

### NBBS

The NBBS, also known as the New-born blood spot, or PKU test, is a blood test taken from baby. Normally the blood is from a heel prick around day 5. The test looks for several genetic and metabolic disorders and forms part of routine new-born screening. Your midwife will complete this test at home.

## The Silver Package

The silver package is designed for:

- Clients who want a home birth, or
- Any clients who seek extra support who is planning a hospital birth.

### Before care commences

Care commences at week 24 of pregnancy so you need to have accessed care from another health care professional before this point.

### Plan of care

Please visit our resource library for more details about plans of care and lots of other information to help you make decisions.

### Antenatal care

Antenatal appointments will be at week 24, 28, 30, 32, 34, 36 then weekly until baby arrives. At each appointment your midwife will offer to complete a physical check of mum and baby, measure baby, listen to the heartbeat, take your blood pressure, and test your urine. She will also talk through options, choices, and birth planning. Your appointments include parent education and if you wish, colostrum harvesting. Each appointment lasts 1-2hrs.

- You will be offered a blood test at week 28 to check for anaemia, platelet count and any antibodies.
- You will be offered a blood test at week 34 or 36 to check your platelet count and to see if you are anaemic at all.

### Birth care

Your midwife is on call 24/7 from 37 weeks of pregnancy and she will support you to birth in hospital or care for you at home. If you are planning a home birth, your midwife will give you our "Planning your home birth" booklet so you can start to think about the logistics and practicalities to optimize your birth experience.

### After baby is born

The Silver package includes two weeks of postnatal care. Typically, this is 3-4 visits at home in the first week and a further 2 visits in week two. During this time your midwife will ensure feeding is established, you and baby are well, arrangements are made for the NIPE (new-born paediatric exam) and the NBBS (New-born blood spot) test. She will also make sure you have an appointment for a new-born hearing test. You can add additional postnatal care at any time.

### Hearing Test

The hearing test is completed by an audiologist so your midwife cannot do this at home. However, your midwife will ensure you have an appointment for the test.

### NIPE

Many of our midwives are trained to complete the NIPE paediatric examination. This is an additional qualification. If your midwife is not trained, she will ask a colleague to visit and complete that part of your care. If for unexpected reasons a Private Midwife cannot complete the NIPE, we will arrange for the NHS/HSE to complete this for you. \*

### NBBS

The NBBS, also known as the New-born blood spot, or PKU test, is a blood test taken from baby. Normally the blood is from a heel prick around day 5. The test looks for several genetic and metabolic disorders and forms part of routine new-born screening. Your midwife will complete this test at home.

## The Gold Package

The Gold package is designed for:

- Clients who want a home birth, or
- Any clients who seek extra support who is planning a hospital birth.

### Before care commences

Care commences in early pregnancy. Clients choosing this package typically access blood tests and scans from the NHS/HSE. Some blood tests are included but the initial blood tests in pregnancy and screening blood tests are not included.

### Plan of care

Please visit our resource library for more details about plans of care and lots of other information to help you make decisions.

### Antenatal care

Antenatal appointments will be at week 8, 12, 16, 20, 24, 28, 30, 32, 34, 36 then weekly until baby arrives. At each appointment your midwife will offer to complete a physical check of mum and baby, measure baby (after week 24), listen to the heartbeat (after week 16), take your blood pressure, and test your urine. She will also talk through options, choices, and birth planning. Your appointments include parent education and if you wish, colostrum harvesting. Each appointment lasts 1-2hrs.

- You will be offered a blood test at week 28 to check for anaemia, platelet count and any antibodies.
- If you are in a “at risk” group for gestational diabetes, your package includes a GTT test at home.
- You will be offered a blood test at week 34 or 36 to check your platelet count and to see if you are anaemic at all.

### Birth care

Your midwife is on call 24/7 from 37 weeks of pregnancy and she will support you to birth in hospital or care for you at home. If you are planning a home birth, your midwife will give you our “Planning your home birth” booklet so you can start to think about the logistics and practicalities to optimize your birth experience. Gas & Air is included (max 2).

### After baby is born

The Gold package includes four weeks of postnatal care. Typically, this is 3-4 visits at home in the first week and a further 2 visits in week two and then weekly visits after that. During this time your midwife will ensure feeding is established, you and baby are well, arrangements are made for the NIPE (new-born paediatric exam) and the NBBS (New-born blood spot) test. She will also make sure you have an appointment for a new-born hearing test.

### Hearing Test

The hearing test is completed by an audiologist so your midwife cannot do this at home. However, your midwife will ensure you have an appointment for the test.

### NIPE

Many of our midwives are trained to complete the NIPE paediatric examination. This is an additional qualification. If your midwife is not trained, she will ask a colleague to visit and complete that part of your care. If for unexpected reasons a Private Midwife

cannot complete the NIPE, we will arrange for the NHS/HSE to complete this for you. \*

#### NBBS

The NBBS, also known as the New-born blood spot, or PKU test, is a blood test taken from baby. Normally the blood is from a heel prick around day 5. The test looks for several genetic and metabolic disorders and forms part of routine new-born screening. Your midwife will complete this test at home.

#### Baby welcome hamper

We will send you a baby welcome hamper with a range of lovely products to try. This is our gift to you and includes items such as eco-friendly nappies, biodegradable wipes, skin friendly baby toiletries etc.



## The Platinum Package

The Platinum package is our most comprehensive package and is designed for anyone who wishes to have complete care, with minimal attendance at a hospital during pregnancy. It is suitable for clients looking for a home or hospital birth.

### Before care commences

Care commences in early pregnancy. Clients choosing this package do not need to access any care from another provider unless a problem develops.

### Plan of care

Please visit our resource library for more details about plans of care and lots of other information to help you make decisions.

### Antenatal care

Antenatal appointments will be at week 8, 12, 16, 20, 24, 28, 30, 32, 34, 36 then weekly until baby arrives. At each appointment your midwife will offer to complete a physical check of mum and baby, measure baby (after week 24), listen to the heartbeat (after week 16), take your blood pressure, and test your urine. She will also talk through options, choices, and birth planning. Your appointments include parent education and if you wish, colostrum harvesting. Each appointment lasts 1-2hrs.

- You will be offered early pregnancy blood tests for HIV, Hepatitis, syphilis, thalassaemia, sickle cell, group, antibodies, and full blood count.
- If you are Rhesus negative, we offer you screening at 12 weeks to determine baby blood group. This can avoid unnecessary injections of anti-D for you. Please visit our resource library for more information (RhD test)
- Your package includes a NIPT test. This is a blood test from mum around 12 weeks to examine baby DNA for the common chromosomal conditions (Downs syndrome, Edwards syndrome and Patau's syndrome). You can choose the Harmony, or the SAFE test. More information is available in our resource library.
- You will be offered a blood test at week 28 to check for anaemia, platelet count and any antibodies.
- If you are in a "at risk" group for gestational diabetes, your package includes a GTT test at home.
- You will be offered a blood test at week 34 or 36 to check your platelet count and to see if you are anaemic at all.

Your package of care also includes private scans. We will call you and offer you a range of appointments at a private clinic close to you. Scans are normally:

- Early pregnancy dating scan.
- 18–20-week anomaly scan
- Third trimester scan for growth or position, as needed.
- Any other scan clinically indicated. For example, this may be additional growth scans if your midwife is concerned.

### Birth care

Your midwife is on call 24/7 from 37 weeks of pregnancy and she will support you to birth in hospital or care for you at home. If you are planning a home birth, your midwife will give you our "Planning your home birth" booklet so you can start to think about the logistics and practicalities to optimize your birth experience. Gas & Air and a pool are included.

### After baby is born

The Platinum package includes four weeks of postnatal care. Typically, this is 3-4 visits at home in the first week and a further 2 visits in week two and then weekly visits after that. During this time your midwife will ensure feeding is established, you and baby are well, arrangements are made for the NIPE (new-born paediatric exam) and the NBBS (New-born blood spot) test. She will also make sure you have an appointment for a new-born hearing test.

### Hearing Test

The hearing test is completed by an audiologist so your midwife cannot do this at home. However, your midwife will ensure you have an appointment for the test.

### NIPE

Many of our midwives are trained to complete the NIPE paediatric examination. This is an additional qualification. If your midwife is not trained, she will ask a colleague to visit and complete that part of your care. If for unexpected reasons a Private Midwife cannot complete the NIPE, we will arrange for the NHS/HSE to complete this for you.

### NBBS

The NBBS, also known as the New-born blood spot, or PKU test, is a blood test taken from baby. Normally the blood is from a heel prick around day 5. The test looks for several genetic and metabolic disorders and forms part of routine new-born screening. Your midwife will complete this test at home.

### Baby welcome hamper

We will send you a baby welcome hamper with a range of lovely products to try. This is our gift to you and includes items such as eco-friendly nappies, biodegradable wipes, skin friendly baby toiletries etc.



\*In ROI some blood tests may not be available to you. Also, we are also in the process of training our midwives to complete the NIPE examination. The cost of the blood tests and the NIPE exam is not included in your package if you are in Ireland.

## International Clients

Clients who are **not ordinarily resident in the UK** are not entitled to free NHS care. Even if you have a British passport, you need to be resident and paying taxes here to be able to access free NHS care. For these clients we have three options:

1. You can pay NHS fees and use any of the packages above to wrap around or top up NHS care. You must arrange an NHS hospital yourself. We cannot do this for you. Care with us will only commence after you have registered with a hospital.
2. You can book our International Home Birth Package
3. You can book our International All Inclusive Package.

**In all cases, you are required to pay in full before care commences. Once payment is received, we will issue you with a letter to support visa or travel requirements.**

The International Hospital Birth package is only available in Northwest England. You can spread your care over two locations and move to the Northwest at week 34 of pregnancy if you choose.

### International Hospital Birth Package £10,500

Full antenatal care from 2 weeks after arrival in the UK with remote, virtual care before travel.  
Private blood tests for mum and baby  
Private scans  
Birth care at hospital in North West England  
TENS machine provided  
4 weeks postnatal care  
NHS fees related to birth included  
Does not include ITU, NNU and non-birth related costs

### International Home Birth Package £8000

Full antenatal care from 2 weeks after arrival in the UK with remote, virtual care before travel.  
Private blood tests for mum and baby  
Private scans  
Birth care at home  
Birthing pool provided  
Entonox provided  
TENS machine provided  
4 weeks postnatal care

## Have you considered birthing in water?

Water has been shown to have huge benefits for reducing discomfort in labour and helping you relax. If you are planning a home birth, you may want to consider having an inflatable birthing pool.

**Due to the risk of infection, Private Midwives does not recommend re-using a pool or using a second-hand pool. This is even more important in times of Covid. For this reason, all our pools are brand new.**

You can find lots of information about birthing pools on our website.

Private Midwives can arrange for a pool and all the essential bits and bobs to be delivered to your house.

We hire the pool on your behalf. After baby is born, the pool is collected from your home, except in Ireland where you can keep the pool.

Different sizes of pool are available so we can consider how much room you have and how tall you are, to get the best pool for you.

We will arrange pool delivery for when you are around 36 weeks pregnant. Once delivered, **the cost of the pool is not refundable**. So, if your plans change, tell us before 35 weeks if you can.

## Entonox (gas and air) charges

Entonox (gas and air) is provided by BOC and is delivered to the clients home. We are often asked to explain our charges as, on first glance, the gas appears to be much cheaper on the BOC website. We are also asked why we charge for gas that is not used by the client -when a cannister is returned full. We hope that this will explain the charges.

BOC charge us for gas, delivery and collection as follows:

|                              |                  |                 |                |
|------------------------------|------------------|-----------------|----------------|
| One cannister of gas         | £15.90 per month | Two cannisters  | £31.80 pm      |
| Delivery of one cannister    | £120.42          | Delivery of 2   | £156.24        |
| Collection of one: cannister | £76.93           | Collection of 2 | £76.93         |
| Surcharge                    | £2.20            | Surcharge       | £4.40          |
|                              | <b>£215.45</b>   |                 | <b>£269.37</b> |
| <b>We charge our clients</b> | <b>£150</b>      |                 | <b>£200</b>    |

In addition, the monthly charge applies to every calendar month. For example, Gas delivered end October, used in November, and collected December will be subject to a 3-month rental charge to us. We do not pass this on to our clients.

As most of the BOC cost is the delivery and collection, the payment for the gas is non-refundable. If your plans change after the gas is delivered, or you decide not to use the gas, you still need to pay in full.

We will request delivery from BOC and let you know an approximate time slot. We have no control over delivery and collection times.

If you are not available to hand the cannister back to BOC after use on the designated delivery day, additional charges may apply.

## Summary of birth packages: a comparison

|  | Platinum  | Gold      | Silver          | Bronze          |
|--|-----------|-----------|-----------------|-----------------|
| <b>Antenatal care</b>                    |           |           |                 |                 |
| Antenatal care from                      | 8 wks.    | 8 wks.    | 24 wks.         | 34 wks.         |
| Birth planning                           | √         | √         | √               | √               |
| Parent Education                         | √         | √         | √               | √               |
| Colostrum harvest                        | √         | √         | √               | √               |
| Colostrum kit                            | √         | √         | X               | X               |
| Booking bloods                           | √         | X         | X               | X               |
| RhD blood test                           | √         | £75/€85   | £75/€85         | X               |
| NIPT (inc home visit)                    | √         | £300/€370 | £450/€540       | £450/€540       |
| 28 wk. bloods                            | √         | √         | √               | X               |
| GTT                                      | √         | √         | £150            | X               |
| 34 wk. bloods                            | √         | √         | √               | √               |
| 3 private scans                          | √         | £350      | X               | X               |
| <b>Birth</b>                             |           |           |                 |                 |
| Midwife oncall 24/7                      | √         | √         | √               | √               |
| Birth care                               | √         | √         | √               | √               |
| <b>Postnatal</b>                         |           |           |                 |                 |
| Home visits                              | 4 wks.    | 4 wks.    | 2 wks.          | 1 wk.           |
| Paediatric exam                          | √         | √         | √               | √               |
| NBBS blood test                          | √         | √         | √               | √               |
| Baby hearing test                        | arranged  | arranged  | arranged        | arranged        |
| <b>Extras</b>                            |           |           |                 |                 |
| Luxury Hamper                            | √         | √         | X               | X               |
| TENS machine                             | √         | £50/€60   | £50/€60         | £50/€60         |
| Gas & Air                                | √         | √         | £150+           | £150+           |
| Birth pool & kit                         | √         | £160*     | £160*           | £160*           |
| Enhanced breast feeding                  | £500/€600 | £500/€600 | £500/€600       | £500/€600       |
| Itemised bill for insurance              | √         | √         | £100/€100       | £100/€100       |
|  |           |           |                 |                 |
| <b>COST (UK) Before optional extras</b>  | £7750     | £6600     | £5500           | £4400           |
| <b>COST (ROI) Before optional extras</b> | €9250     | €7900     | €6600           | €5300           |
| <b>0% PAYMENT OPTION</b>                 | 12 months | 10 months | Pay by due date | Pay by due date |

# ANTENATAL CARE ONLY

Antenatal care can commence at any point in time. Appointments are approx 1-2hrs long and in your own home. Typically, appointments are every 4 weeks until 28 weeks of pregnancy, then 2 weekly until 36 weeks of pregnancy, then weekly until baby arrives. We do not charge more if pregnancy is prolonged past 40 weeks and we do not refund if birth occurs after 37 weeks and before 40 weeks.

During the appointment the midwife will offer to undertake a physical check of the mother. This includes blood pressure, urine check, abdominal examination, assessing baby size, listening to baby heartbeat, advice on pregnancy care, birth planning, and parent education.

- Single appointment for antenatal check, cervical assessment, fit-to-fly letter etc. £175
- Care from 34 weeks. Appointments will be a week 34, 36, 37, 38, 39, 40, 41, 42. A blood test for anaemia is included. £800
- Care from 24 weeks. Appointments will be at week 24, 28, 30, 32, 34, 36, 37, 38, 39, 40, 41, 42. Two blood tests are included. One at 28 weeks for anaemia, group, and antibodies and a second around 34 weeks for anaemia. £1600
- Antenatal care from early pregnancy. Appointments are typically at weeks 8, 12, 16, 20, 24, 28, 30, 32, 34, 36, 37, 38, 39, 40, 41, 42. This includes a blood test around 28 weeks for anaemia, group, and antibodies. Also, a test at around 34 weeks for anaemia. This package also includes a home Glucose Tolerance Test. £2200
- As above, full care from early pregnancy with full blood tests. This includes all blood tests as detailed in the Platinum package, so NIPT is included as well as booking bloods, RhD test, 28-week bloods, 34-week bloods and a GTT. £3000

You can add a private scan package for £350. This includes an early scan, 20-week anomaly scan and a 3rd trimester scan. If there is a clinical reason for you to have additional scans, these are also included.

The blood tests at 28 and 34 weeks are a free addition to your midwifery care package and are not charged. If you decline the test, you do not get a refund.

Flexible payment options are available, but you must have completed payments before baby is due.

## POSTNATAL CARE ONLY

### Our standard postnatal care packages

This includes visits in your home, each lasting 1-2hrs. Your midwife will check you and baby, arrange any screening tests, complete the newborn blood spot screening test and give you support with feeding.

- One week of care is typically 3 visits spread over the first 5 days at home. This costs £500. Your midwife is available between visits for advice if you need her.
- Two weeks of care is typically 5-6 visits and costs £800.
- Four weeks is typically 7-8 visits and costs £1300.

### Our enhanced breast feeding upgrade package

This is an upgrade and is added on to the standard package detailed above. For the first 7 days your midwife will visit every day - each visit is approx. 2hrs or longer. During the visit she will assist you to breast feed and provide extensive support and guidance. This upgrade is an additional £500.

### Antenatal colostrum harvesting

Many of our clients choose to harvest colostrum in the antenatal period. This has numerous advantages, including reducing the chances of your pregnancy being prolonged past your due dates, but also having nutrient rich colostrum on hand for baby should they need it in the first few days. Some babies can be reluctant to feed, are sleepy, are unsettled, or need extra as mum is unable to feed initially for a medical reason. Frozen, harvested colostrum is an ideal way to give baby all the antibodies and nutrients they need.

We offer a single antenatal appointment with a midwife (£175) to advise on how you can express colostrum, store it and save it. We also have a video and booklet on our website.

If booking in advance, flexible payment options are available. If booking at short notice (less than one month before baby is due) payment in full is required at booking.

In some cases, we can offer a single appointment at £175.

## What if you have a miscarriage or plans change?

You only pay for the care you have had. Please note that charges will apply for midwife appointments, midwife on-call time, blood tests, scans, pool, and gas.

If you book a bronze package very late in pregnancy (after 36 weeks), care starts immediately. Your first appointment may take up to 4hrs and is a double appointment. You are committed to pay for care in full.



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